



# What is Food For Families?

Food For Families is a great way you can help other people by donating food.

Food For Families collects non-perishable food items like canned soup, packets of pasta and baked beans, as well as household essential items including personal hygiene and cleaning products to support those who need it most.

We connect with local communities through schools, kindergartens, congregations, workplaces, community groups, individuals and families to make a difference to those facing hardship.

Food For Families is a great way to get together and offer practical support to those who have fallen on trying times.

Food, gifts and household essentials are distributed at our emergency relief programs, family services and outreach centres across Victoria and Tasmania.

Families can select food from our food pantry when times get tough and bills stack up. We also provide food that's easy to prepare for people experiencing homelessness or sleeping rough.

With millions of Australians currently living in poverty, the need is greater than ever. We want to support everyone who comes to us for help – but we can't do it alone.



Visit  
[foodforfamilies.org.au](http://foodforfamilies.org.au)



Uniting is the community services organisation of the Uniting Church in Victoria and Tasmania.



# Uniting



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